

NEWSLETTER

ISSUE NO. 11



The winners of September's award are:

FLORENCE CLARKE

FLORENCE STOREY



Both girls have a kind nature, a love for the horses and have a positive attitude when assisting with the yard tasks.



TOP RIDING TIP

Warming the horse up...

Why warm-up your horse?

A proper warm-up is essential for horses. Think of them as athletes. You would never head straight out for a fast run without putting in the time to stretch and prepare first, would you? It's the same principle for our equine friends and a proper warm-up will raise their heart rate, increase the amount of oxygen circulating in the bloodstream, flex joints and increase muscle elasticity.

Not only does warming up put you in the best possible position for your training session but avoiding it or not doing it correctly can cause harm and increase the risk of injuries.



HORSE/ PONY OF THE MONTH

THIS MONTHS WINNER IS.....

DOLLY



FACT FILE:

Date of Birth: 2021

Breed: Cob

Gender: Mare

Height: 14hh

Colour: Bay

Favourite activity: An afternoon nap!

Favourite food: Apples

Fun fact: Dolly was born in Ireland

REASONS WHY YOU CHOSE HER AS THIS MONTHS WINNER...

‘She is my new favourite’

‘I really like her trot’

‘She is very sweet’



Showjumping!

1. What is the function of a "ground line" at the base of a show jumping fence?

1. What type of fence is this?



3. What is the current record height a puissance wall has been jumped in the UK?

4. How many faults do you get for knocking a pole in show jumping?

September quiz answers

Feeding....

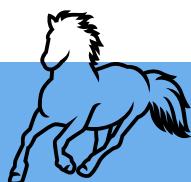
1. The 5 main nutrients a horse needs are water, carbohydrates, fats, protein and fibre.

2. The picture is of chaff



3. Horses should eat between 1.5%-2.5% of their bodyweight a day

4. Horses can drink anywhere between 25-55 litres a day.



Don't forget to read next months newsletter for the answers....

KEEP AN EYE OUT.....



We're thrilled to be teaming up with The British Horse Society (BHS) to help celebrate their campaign all about the need, the feel, and the brand – for the feeling!

You may have been asked to appear in our latest video explaining how horses make you feel.

We will be sharing our reel on Facebook and Instagram so when it goes live, please like, comment, and share it as much as you can.

The 3 most-liked reels go through to the final stages, and if we win, we'll get our hands on an amazing BHS-branded jump plank! 🎉



All about the BHS

Who are they?

They are the British Horse Society, or BHS. As the UK's largest equestrian charity, they are there to help horses and everyone who looks after them. That includes safety on and off road. Improving welfare. Supporting education. Providing insurance.

Equine qualifications.

For anyone looking to start a career in the equine industry BHS qualifications are invaluable. BHS qualifications can provide you with the skills to work practically in the equine industry as a groom or coach in a variety of different businesses. They also offer a valuable level of skill and knowledge that can support a range of future careers relating to horses including veterinary science, armed forces, farriery, equine nutritionist and many more. They also offer recreational qualifications that are the perfect place to start learning, these are qualifications such as challenge awards and horse explorers, which we host here at Pinkmead Farm.

How can you get involved?

Visit <https://www.bhs.org.uk/> to become a member or for more information how you can be involved.



TEAM PINKMEAD RESULTS



RIDING SCHOOL

E-RIDERS DRESSAGE

BHS RIDING SCHOOL INTRO 1F JUNIORS

3rd Isabelle Millington & Dolly 65.8%

5th Chloe Holmes & Tufty 64.8%

7th Amira Sandhu & Wispa 62.8%

9th Olivia Burton & Jack 62%

11th Elsie Mackay & Flo 61.4%

BHS RIDING SCHOOL INTRO 1F SENIORS

20th May Mellor & Pippa 63.2%

CONGRATULATIONS TO THE
FOLLOWING RIDERS WHO HAVE
MOVED UP THIS MONTH;



If you or your child has moved up a level this month
and would like to feature in the newsletter to
please email ella@pinkmead.co.uk



LIVERY

E-RIDERS DRESSAGE

MAIN ARENA PRELIM 2F

6th Carol Johnson & Dynamo 62.78%

MAIN ARENA PRELIM 2A

8th Carol Johnson & Dynamo 65.63%

MAIN ARENA INTRO 1B JUNIORS

3rd Lola Farr & Jessie 64.60%

MAIN ARENA PRELIM 2A JUNIORS

3rd Poppy Rendell & Millie 66.46%

WELL DONE TEAM PINKMEAD!

