

PINKMEAD FARM

MARCH

NEWSLETTER



The winners of February's award are:

SATURDAY- EVIE ROLFE

SUNDAY- KATIE DOW



Evie and Katie deserve this award due to their helpful nature, positive attitude and their kindness in helping the new Saddle Club members.



NEW COFFEE MACHINE



Next time you visit us be sure to try out our new coffee machine!

Whether you're looking for a morning pick-me-up or an afternoon treat, there is something for everyone with fresh coffee beans and velvety hot chocolate.

Drinks on offer:

- Americano
- Latte
- Hot chocolate
- Mocha and many more!

Our coffee machine is located in the cabin.



HORSE/ PONY OF THE MONTH

THIS MONTHS WINNER IS.....

EDDIE



FACT FILE:

Date of Birth: 1/2/2005

Breed: Cob

Gender: Gelding

Height: 16.2hh

Colour: Grey

Favourite activity: Hacking

Favourite food: Carrots

Fun fact: Eddie is a long standing member of the team as he joined us in 2016!

REASONS WHY YOU CHOSE HIM AS THIS MONTHS WINNER...

'He has helped me with my riding so much.'

'I love taking him round the farm, he's so speedy.'

'He is my favourite to canter without stirrups on.'

QUIZ

March quiz

Get ready to be tested on your knowledge on horse breeds!

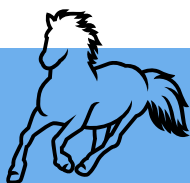
1. Which breed is known for its distinctive gait called the "tölt"?
Arabian
Appaloosa
Andalusian
Icelandic
2. Which breed is used by the Spanish Riding School of Vienna for classical dressage performances?
Lusitano
Andalusian
Oldenburg
Lipizzaner
3. What breed of horse is the fastest?
4. Which breed is named after some Scottish Islands?
5. What breed is pictured below?



Andalusian
Dales Pony
Friesian
Murgese

February answers What am I?

1. Dressage
2. Showjumping
3. Cross country
4. Mounted games
5. Endurance



Don't forget to read next month's newsletter for the answers....

TOP RIDING TIP.....

Tips to Improve your Lower Leg Position

The rider's entire leg including their lower leg should be loose with the joints of the hip, knee and ankle softly flexed. This will allow the rider to remain in balance with the horse through the gaits, let the spine do its job of absorbing the horse's movement and facilitate effective use of the rider's lower leg to encourage the horse to draw forward.

- *Don't try to hold your leg in a good riding position* – this will create tension up the leg through to the hip and make it harder for you to sit in balance with the horse and use your leg effectively.
- *Work without stirrups regularly* – riding without stirrups will help improve your seat and balance and allow you to develop a soft lower leg.
- *Don't ride with your stirrups too long* – This is a common problem where the longer the leg the better seems to be a common mantra. The stirrup iron should gently support the toe, if the stirrup is too long then the rider will end up 'padding' and tipping forward – have the stirrups for the correct length for your leg and the type of saddle you are riding in.



WE INVITE RIDERS
TO JOIN OUR GROUP LESSON

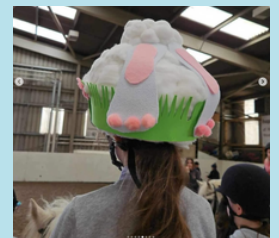
Easter BONNET Parade

SAT 19TH & SUN 20TH APRIL

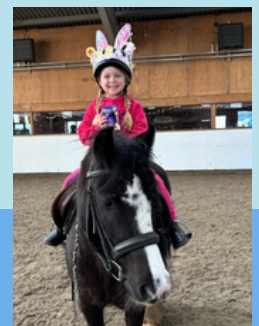
TROT ALONG TO YOUR LESSON
WITH YOUR RIDING HAT
DECORATED FOR EASTER

EASTER EGG FOR BEST BONNET
IN EACH GROUP LESSON
(MUST HAVE OWN HAT)

WE CAN'T WAIT TO SEE YOUR
WONDERFUL BONNET CREATIONS!



Some of last
years wonderful
creations....



TEAM PINKMEAD RESULTS

RIDING SCHOOL

LIVERY

E-RIDERS RIDING SCHOOL INTRO 1B JUNIOR

2nd Evie Fleury & Jack 69.35%



Congratulations to our home educated Changing Lives Through Horses group who have successfully passed their British Horse Society Personal Development Qualification Level 3.

Annabelle Shann
Nicole Lloyd
Rosie Farrugia-Bedford

E-RIDERS PRELIM 2B OPEN

3rd Hollie Cumming & Arthur 66.74%

9th Carol Johnson & Dynamo 61.52%

E-RIDERS PRELIM 2B JUNIORS

2nd Eva Skinner & Lindy 66.09%

E-RIDERS NOVICE 3B RESTRICTED

2nd Hollie Cumming & Arthur 66.07%

E-RIDERS NOVICE 3B OPEN

2nd Lewis Hutchings & Gerry 64.64%

CROFTON MANOR DRESSAGE PRELIM 3

1st Dairy Hoare & Spike 67.71%

NOVICE 3

1st Daisy Hoare & Spike 66.40%

BRITISH HORSE SOCIETY POLICY

We have a new policy in place regarding filming, please read below.

NO FILMING POLICY

Please note we have a NO filming policy in place. This is for child protection protocol and in the interest of our staff. We take this very seriously at Pinkmead Farm. Regardless of if you are filming only "your child" we still do not allow this within group lesson or events.

Permission must be obtained in a private lesson before filming each time you have a lesson and must not include our coaches. Footage from private lessons is for personal use only, it is not to be shared onto social media. If you would like a photo at the end of the lesson before your child dismounts please ask your coach.

We do hope you understand the importance of this policy and we hope you will help us to keep our children safe whilst riding with us.

This policy adheres to The British Horse Society Approved Centre guidelines.

Thank you for your understanding.

Team Pinkmead



CONGRATULATIONS TO ALL THE FOLLOWING RIDERS WHO HAVE MOVED UP THIS MONTH;

If you or your child has moved up a level this month and would like to feature in the newsletter to please email ella@pinkmead.co.uk



WELL DONE TEAM PINKMEAD!

