

PINKMEAD FARM

# JUNE NEWSLETTER



The winners of May's award are:

**SATURDAY- ROSIE SMITH**

**SUNDAY- MIA SIMONS**



Rosie and Mia share a genuine passion for horses and ponies. They consistently demonstrate politeness and are always eager to assist with any task at hand.



## Activity Courses

### BRITISH HORSE SOCIETY EXPLORER AWARDS COURSE

Join us for four days of riding and learning practical skills of horse care that will incorporate the British Horse Society Explorer Awards. A fabulous opportunity for our keen and dedicated riders.

Ages: 12+

Levels 4-6

Dates: 26<sup>th</sup> August- 29<sup>th</sup> August



### PONY CARE COURSE

Our Pony Care Course is an ideal opportunity to really improve your riding skills and learn all about horse care. They run from Tuesday to Friday and each day you will have a lesson and fun ride along with gaining many skills such as grooming and tacking up.

Levels 2&3

Ages 7+

Dates: 19<sup>th</sup> August - 22<sup>nd</sup> August

## HORSE/ PONY OF THE MONTH

THIS MONTHS WINNER IS.....

KOKO



### FACT FILE:

Date of Birth: 11/7/2019

Breed: Irish

Gender: Mare

Height: 16hh

Colour: Bay

Favourite activity: Cantering & Jumping

Favourite food: Polos

Fun fact: Koko was born in Ireland and her full name is Kimoylan Koko

### REASONS WHY YOU CHOSE HER AS THIS MONTHS WINNER...

'She is amazing to jump'

'I love her canter'

She is very pretty'

'She has taught me so much'

# QUIZ

Can you name these colours?

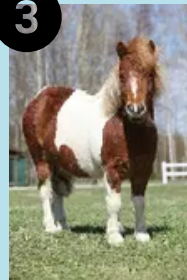
1



2



3



4



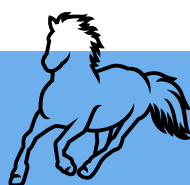
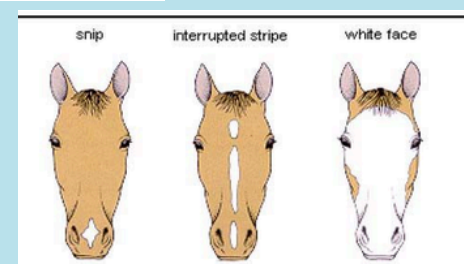
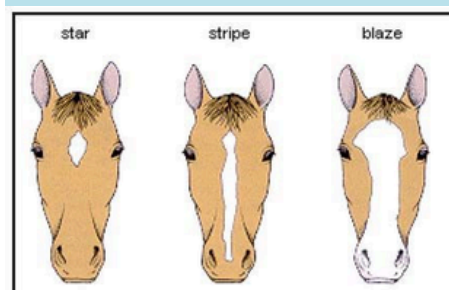
5



6



## May quiz



Don't forget to read next months newsletter for the answers....

# Top riding tip



## Benefits of hacking:

### Engages their brain

Hacking a horse provides variety in their work, which is vital for keeping them interested in life and keeping them on your side.

### Relieves stiffness

Hacking out and moving around is perfect for keeping any stiffness or filled legs at bay, especially if your horse is in their twilight years. A gentle stroll on a long rein will get creaky joints moving and help them to feel better in general.

### Boosts confidence

Getting your horse out and about regularly, seeing, passing and coping with new unusual things, is one of the best ways to make them confident and therefore brave.

### Improves fitness

Hacking a horse is good for fitness levels and keeping waistlines at a healthy size, which in turn helps to keep health issues under control.

### Good for their mind

Let your horse march along with their ears pricked, taking in their surroundings. They will feel so much better for it and so will you!

### Bravery/Education

Hacking a horse takes place come rain or shine. Blasting along a field or trotting on a bridleway in the pouring rain means there's no drama when the heavens open halfway through your dressage test.

### Learn to trust you

When a plastic bag flaps in the hedge, a loose dog approaches or a vehicle passes too fast, your horse will look to you for reassurance. If you are the strong, confident leader they are looking for, it builds trust and does wonders for your relationship.

## RIDING IN THE WARM WEATHER.



We hope everyone has been enjoying the recent sunshine and hopefully it is here to stay!

We would just like to remind everyone about the correct riding attire, legs and shoulders must be covered meaning no shorts, strappy tops or crop tops. Correct footwear must be worn so no trainers or sandals.

Please feel free to bring water to your lesson and don't forget your sun cream!

If you are looking for the perfect summer riding top be sure to check our Pinkmead T-shirts, available in both blue and pink\* they are the perfect design to keep you cool but protected whilst riding.

Order on our website [www.pinkmead.co.uk](http://www.pinkmead.co.uk) or ask a member of staff next time you are in.

\*Only children sizes in pink.



# TEAM PINKMEAD RESULTS

## RIDING SCHOOL

## LIVERY

Congratulations to all attended our clear round jumping:

Isabelle Millington  
Amber Bannister  
Chloe Bird  
Flic Freeston  
Olivia Pavard  
Fleur Gammon



CONGRATULATIONS TO THE  
FOLLOWING RIDERS WHO HAVE  
MOVED UP THIS MONTH;

Lily Morgan moved up to level 6



If you or your child has moved up a  
level this month and would like to  
feature in the newsletter to  
please email [ella@pinkmead.co.uk](mailto:ella@pinkmead.co.uk)

E-Riders dressage

**MAIN ARENA INTRO 1A JUNIOR**  
9<sup>th</sup> Poppy Rendell & Millie 66.36%

**MAIN ARENA PRELIM 2A OPEN**  
4<sup>th</sup> Carol Johnson & Dynamo 68.33%

**MAIN ARENA PRELIM 2B**  
5<sup>th</sup> Hollie Cumming & Arthur 66.09%

**MAIN ARENA NOVICE 3A RESTRICTED**  
6<sup>th</sup> Hollie Cumming & Arthur 63.93%

Bowlake dressage

**Novice**  
2<sup>nd</sup> Claire Howes & Mango

WELL DONE TEAM PINKMEAD!

